

POINTS TO REMEMBER

“Up in Flames Is the Way to Go!”

The end of the calendar year brings us one of New Thought's most moving and meaningful exercises - the Burning Bowl Service. In this ritual we burn a small piece of highly-flammable paper, symbolizing what we desire to release from the immediate past year.

The image is so powerful. Touch the paper to the flame and pouf! It's gone. And here is the critical piece. When we bring the power of our mind to this moment—it can be so. What we are bringing is Divine Mind - the Power that is God and activating it with our will - through the presence of the Christ within us.

Through the Presence of the Christ within us, we are empowered to make decisions and choices that profoundly affect our lives. We choose the positive over the negative, love over hate, and justice over injustice. There is an old saying, “If one person is still bound, no one is free”. We can free ourselves.

We have the power and means to bring about good in the world and to negate evil, which we define as the wrong use of power. Wayne Dyer said something similar, “When you have a choice to be right or kind, choose kindness.” Not that we ever condone injustice, but we right it through love and good works.

Freed from the burden of regrets and mistakes of the years past, we start anew with re-awakened awareness and strengthened intention to be the individualized expression of God that we are.

