

POINTS TO REMEMBER

Christian scholar, J. B. Phillips, suggests that spiritually-minded persons exhibit two particular characteristics: **Peace** (a state of security and order within) and **Tranquility** (freedom from disturbance or turmoil in mind). Jesus is quoted in **Jn 14:27** “Peace I leave with you; my peace I give to you; not as the world gives do I give to you. **Let not your hearts be troubled, neither let them be afraid.**” It is interesting that, the closer he came to the end of his earthly experience, the more Jesus spoke of peace.

Jesus did not lead what most persons would consider a peaceful life. Yet he said, “**my peace I give to you.**” How could this be? The Truth is that **Jesus got the Solution of how to live a fulfilling life effectively and abundantly.** What he got, **you too can get** – which is, to know that **you are one with God.** But it goes way beyond that.

At the depths of his being, **Jesus incorporated certain ideas** that he **put into practice without fail** in every part of his life:

1st He **knew he was** a spiritual being living a human & divine experience

2nd Jesus grasped the Truth that **God can do anything** without limit

3rd Jesus got that he could be in **total alignment with God**, in absolute partnership – that God was alive in him, as the Christ Self of him, and that he could be in Divine Partnership with God

4th Jesus demonstrated it is possible to **live with clarity, ease and grace** despite any difficulties around you. He showed you can live above the conflict in harmony and serenity, always moving back into centeredness. **You can allow the Peace of God to fill you, renew you, & restore you.**

But the **key to how Jesus did this is fundamentally life-changing.** He chose to allow God to live through him. **He set an intent to have God live his life**, to think and express and relate through him. He decided to be **a channel through whom God might demonstrate.** He eliminated any separation between himself and God.

When I allow my ego to be in charge, I seek everything for my personal satisfaction. **As I allow my God-Self to take over**, I permit God to direct these blessings to benefit the world broadly and people specifically.

When you know that you are allowing God to live through you, **you are free of uncertainty and confusion**, because you know that you are **living the right pace, doing the right things, with clear focus to live well.**

